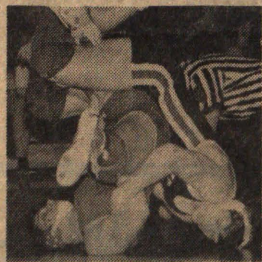


Inside

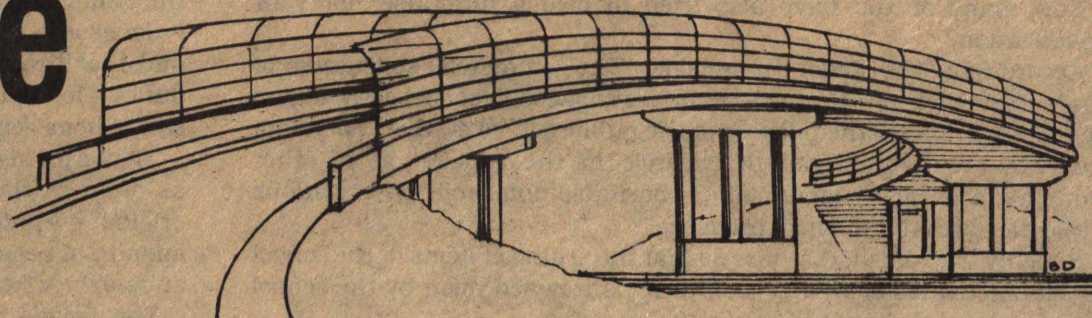
Dreams
pp. 4 & 5



Hard work by
wrestlers bring
them success p. 8

The Bridge

West Chicago Community High School
326 Joliet St. West Chicago, IL 60185
Volume 16 Number 8
February 26, 1987



THE NEW WILSON STREET BRIDGE, WEST CHICAGO, IL.

New classes offer new alternatives

by Dana Netzel

If you're getting bored with your regular classes, why not take a look at some alternatives? West Chicago Community High School is offering four new classes, these consist of computer, math, and science classes.

If you enjoy working with computers, Micro-Computer Applications might be for you. It's a one semester course designed to give you an understanding and working knowledge of Micro-Computers. It will offer hands-on use of software, spreadsheets, data bases, word processing, spelling checks, graphing software, income tax preparation, CAD/CAM (computer aided design/computer aided mechanics,) and robotics. This class will also help your understanding of Micro-Computers in telecommunications. You don't need any experience with the use of computers al-

though it would be preferred if you have some typing skills. It doesn't matter what grade you're in, and you'll receive a half credit.

Pascal I, II, and III are computer classes that have been added to the new course list. Pascal I is an introductory to the Pascal language. In order to enter this program you must have a grade of "B" or better in Pre-Algebra or credit or enrollment in Math I. Pascal II is a second level introductory course in the Pascal language. You must complete Pascal I to enter this course. Pascal III is also a second level introductory course in the Pascal language. The prerequisite of this course is to have completed Pascal I and a credit or enrollment in Math III. To enter Pascal III you must be a junior or senior. All Pascal courses are a half semester long earning a half credit.

If you're a junior having trouble in Math try Transition to College Mathematics next year. You will receive one credit and must

have completed Math III. This course will help strengthen your skills in Algebra and Geometry. If you are passing Math III with no problem, then continue to Math IV.

A change has been made in the Biology department. Contemporary Biology I and Physical Science I were semester classes

taken one after the other. This year they have combined Biology I with Biology II to be taken as a full year class, as well as Physical Science I and Physical Science II. You must take these classes your freshman and sophomore year. Both classes are to help your understanding of Biology and Physical Science environment.

The enrollment of these classes cannot be determined until after class registrations are done, and the teachers for these courses are still unknown. Any extra information about these classes can be found at the Guidance Center or in your Course Description Booklet.

The boogie woogie bugle boy of We-go

by Jean Volpe

It's 5 a.m. The sun has not yet risen over the army barracks. The bugle boy is the first one up and prepares to sound the wake up cadence.

If this bugle boy happened to be Jason Jolley, the troops might get more than a few blaring notes. Instead, they might hear the piece Jolley made the All-State honors band with.

Jolley didn't start at the proverbial top. He worked his way up the scale. His first audition was for the district band which included Kane, DuPage, Lake, and Cook Counties. In the district he was seated

fourth chair, first being the best.

The top players from the eight district bands went on to compete in the All-State Music Conference. Here, Jolley faced 50 players for a seat in either the All-State or the highest, the Honors Band. Jolley auditioned and received fifth chair in the Honors Band, making him the fifth ranked trumpet player in Ill.

"No one in West Chicago High School has ever ranked so high," said Carol Huston, We-go's band director.

Jolley commented, "The competition was pretty tough. Most of the people have plans for a music major or minor in college."

During the audition, Jolley stayed, "fairly

calm." Jolley's nerves were, "not so bad as usual. Everybody was nervous," explained Jolley.

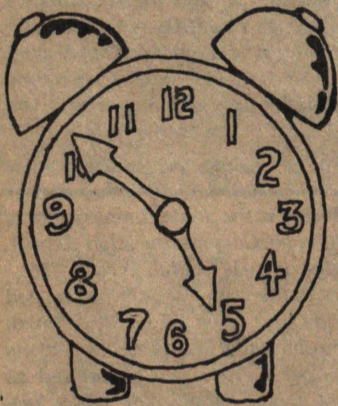
According to Jolley, there were a lot of nice people in the competition. "Everyone was friendly, and always said, 'hi'."

Future contests in sight for Jolley include the solo ensemble contest this spring and the auditions for college and scholarships.

This summer, Jolley will play in the Wheaton Municipal Band. He may also give private lessons.

Jolley's college plans are uncertain. He is considering a major in music business at DePaul University in Chicago, but has no plans of being a bugle boy in the army.

Ticking off the minutes



by Doug Durr

The theme for this year's Turn-a-bout will be both Elvis Presley's and Cory Hart's versions of *Falling in Love With You*. Runner up for theme song was *Stand By Me* by Ben E. King.

On Friday, March 20 the Student Council will sponsor a sock hop in the Bishop Gym. The dance will feature 50's music and start around 7 p.m.

Council Treasurer Dara Harverty reported that \$70 was spent on balloons given to the teachers for a Valentine's Day gift.

Here comes Bye Bye Birdie

by Sara Langellier

Bye Bye Birdie is the spring musical and will be directed by Ralph Zaffino.

In case you aren't familiar with this musical, the story begins when a famous rock star has been drafted for service in the army. As one last publicity stunt his agent decides to randomly choose one of the star's fans and the rock star will give her one last kiss before he leaves to serve his country. Because of this kiss, many romantic complications arise and the story goes on.

Tryouts for the musical are March 9-11. The first two days of tryouts will consist of singing and dancing. The third day is for the individuals who get called back to read parts

for specific characters. Fifty students will make tryouts.

If you aren't interested in actually performing, there are many other things you can do to get involved. This year lots of help will be needed in making costumes for 50 characters. If you're good with your hands you might try building and decorating the sets or you also might want to work on props, publicity, or lighting.

The musical will be performed May 14-17. When asked if the musical would be successful this year Mr. Zaffino said, "Yes, it should be very successful. It is a light hearted story and the cast will have fun with it."

Charity and variety go hand in hand

by Laura Mcpheters

Announcing: Variety Show.

Time? 7:30.

Where? High School Auditorium.

Mike O'Gwin and Margaret Stewart have been planning this charity variety show for some time. At the end of last year when the idea arose, they began putting it together. The production will include acts put on by

both students and teachers. Matt Sander's Band (LAS) and a male quartet with Ronald Benner, Terry Ferro, John Highland, and Ralph Zaffino.

O'Gwin, the chief organizer, explains that this is a variety show for abused children. He feels that more people need to be aware of the problem. Overall, O'Gwin states "I look at it as doing something meaningful that might make a difference to others.

Inkspots

Monsters of the Midway at We-go

by Yvonne Schlotzer
Kurt Duvall

The news of the upcoming Chicago Bears game is out! The Bears will once again be coming to West Chicago to battle it out in a basketball game with the faculty team.

The faculty team, coached by Steven Kimery, will consist of Dan Benson, Tim Courtney, Ron Hansen, John Highland, John Moeaki, Robert Owens and Patrick Welch. The We-go team lost 98-96 to the Bears last year. Among the Bears players were Richard Dent and Mike Tomczak.

West Chicago will host the Bears on March 27 at 7:30 p.m. Tickets are on sale now and are available at any home basketball game and in the office. The cost is \$5.

In the meantime, there are a few questions still pending: Will Mike Tomczak return to resolve his conflict with John Highland? Will the We-go team strive to defeat the Good News Bears once and for all? Tune in on March 27 to find out.

John Highland figures that with the experience of last year's game, practice, and the addition of Scott Coffland and Mike Willhoyt, they should play better all around. Willhoyt is the new freshman girls' basketball coach, and Coffland is the coach of the sophomore "B" boys' basketball team. Coffland says that he is looking forward to a good game.

The money from the game will go to the classes of '88 and '89.

Prom is almost here

by Doug Durr

PROM: a word that brings love to some peoples minds, headaches to your wallet, and an evening you won't forget (even if you want to).

On Friday, May 22 prom will be held at the Naperville Sheraton for the second year in a row. With this years theme of, "Heaven in your eyes," by Loverboy.

The theme colors will be blue and silver. "We hope to keep the price of the tickets down around \$25 to \$35 this year," said Todd Fuja, junior class president. The cost will include dinner, a choice of chicken Kiev or roast sirloin steak. An open Coke bar is also included in the price of the ticket.

The band Pursuit will perform at this year's prom. They also played at last year's prom.

Changes this year will include, every male on the court will receive a plaque regardless if they are the king or not. Every female member of the court will receive a tiara (a small crown). The king and queen will still receive the largest of the crowns.

The favors this year are candles set inside of champagne glasses.

At the conclusion of prom, which will be around midnight, there will be a slide presentation.

What doesn't Ward's and We-go have in common?

How many of you out there are in activities? Almost all of you, right? How many of you have also tried to hold a fundraiser for your organization?

According to the student handbook, "The commercial solicitation of students while they are at school, or are engaged in school activities, is not consistent with the purpose of the public school system. Therefore students are not allowed to engage in the solicitation of other students for either commercial or charitable non-profit organizations while they are on the school premises."

Roughly translated, that means that the selling of items in the school for club activities or that type of thing is frowned upon by the school board.

According to Principal Alan Jones, Assistant Principal, Richard Waterhouse, in some cases permits items to be sold in school as long as it doesn't disturb, in any way, the workings of the school.

That means going into hallways and classrooms is not permitted.

Items that were sold this year (for example, homecoming shirts, candy canes and computer dating by the student council, and carna-

tions by the pom poms) did not involve this. Rather they had to stay in the commons area and wait for the students to come to them.

Jones also mentioned that many of these items have been tradition and that the sale of those items reflect this. However, it is sort of difficult for us to see the tradition in computer dating services and the sale of homecoming shirts.

The board also feels that if groups were allowed to have fund raisers as often as they wished, that the group would lose sight of their original purpose. We can agree with this area. There might be a large amount of people joining a group to go on the trip it takes once a year and not be willing to do the other work involved.

The Bridge feels that the board's decision keeps the school from becoming a "Montgomery Ward's," as Jones put it, by relieving everybody from the constant sales pitch. In most cases, the groups have sufficient funds to operate. For example, the production of Challenge and The Bridge are paid by the board.

We would also like to see that each case be listened to by the administration and consider fairly, as it has been done.

Interest lacking in just about everything

by Kevin Smith



Apathy: lack of interest in things; indifference.

In other words this means laziness. Now in today's society, I see apathy in many areas. Now there is a lack of concern towards voting, as you all have heard before, but what about an American lack of interest for peace and understanding?

Now wait a minute. Think very carefully. When was the last time that you picked up a newspaper? Not the sports section to read about the Bulls, Michael Jordan and Granville Waiters. I don't mean the Tempo section either to read the far side or your horoscope.

I'm talking about the front page. You know, the one with all of the boring stuff on it. So, when was the last time, if ever, did you read from it?

Okay, so when was the last time you watched the news on T.V.? No I don't mean Good Morning America or 60 Minutes. Or listened to the news on the radio? I don't mean Buzz Kilman's weather report for The Jonathon Brandmeir Show. How many of you are with me this far?

You see, America seems to have this vast fear of real knowledge. They prefer hear-say to the truth. "Did ya' hear about Liberace having AIDS?"

Twenty years ago, there was a purpose to the lives of many people. For them, civil rights were important. Voicing your opinion against Vietnam was important. Cleaning up the environment was important.

Today, the most important things to an American are money, going to bed with somebody, and getting drunk on Friday and Saturday nights.

Just because a few important victories were won in the past, Americans have given up their causes.

Take for example the peace movement. The war had ended in Vietnam, but the same series of events is happening in Nicaragua. How many people in America has cared to find out the fact that nearly 7500 armed American military personnel are in Honduras which neighbors Nicaragua? How many Americans have bothered to find out about the cruelty of the contra fighters and inferiority of their numbers? How many have realized that Nicaragua is just too poor to develop?

And, how many people have thought about doing something to decrease the current stockpiles of nuclear weapons in both the U.S. and Soviet Union? Rather, who has sought to do something about it? Or even find out what's going on?

When President Ronald Reagan went to the Iceland summit meeting last year, an arms agreement was all but reached. Reagan re-

fused to budge on Strategic Defense Initiative (SDI), better known as the Star Wars defense system.

Reagan is a fool. You see, SDI would bring about nuclear annihilation before peace. Let me explain. The way that our press system works in the U.S., the Soviet Union and the rest of the public would know when SDI was going to be functional before it actually was. This would render Soviet nuclear power useless, at the prey of the U.S. In desperation, they may launch an attack before the system worked.

Or better yet, flip the coin. If the Soviets had SDI, how safe would you feel if your best defense were useless? If they could attack you and you wouldn't be able to fight back? Sound scary? Don't you think that it sounds scary to the Soviets too? Or don't they have feelings?

Think about it. The only way to solve the problem is for the joint construction of an SDI system between the U.S. and U.S.S.R. That way, nobody would have the jump on the other.

Peace on this earth begins with the individual. It takes one individual to start being concerned to have action taken. If everybody were to begin taking action for ensuring and maintaining peace, our fears for nuclear death could be gone. Find out what's going on to promote peace. Find out how the U.S. has blocked it in the past. Ask yourself how a Russian feels.

Letters to the editor

No shades, hats, or radios allowed

Dear Editors,

I would like to comment on some of the newer administration policies. Now juniors and seniors who have the off campus privilege are not allowed in the library during school hours. The big question I have is why? The librarians don't seem to know. I haven't gotten a satisfactory explanation from any of them. If the students are too loud then the librarians can throw them out on an individual basis.

Recently sunglasses, hats, and walk-mans have been strictly forbidden. Again, why? Students tend to think that their personal freedom as important. I think if the administration would explain the reasons for these measures we would be more receptive to them.

Personally, I feel that each teacher should be able to decide what is and is not acceptable in their classroom.

All the time we have been here the administrations pat statement on walk-mans was: 1. they are popular targets for theft. 2. they cannot possibly protect them. 3. therefore ban them. This prevents theft. While all the above may be true, it is also true that this is America not Amerika. In America we believe that it is wrong to

punish the victims to prevent the crime. If President Reagan tried to ban sports cars because they are 10 times more likely to be stolen than an ordinary car, the press would have his head on a platter. The BRIDGE in my opinion has been deficient in calling for student freedoms, but so have we the student body. If we want to keep our freedoms we will have to fight for them.

Michael Stajduhar
Paul Malnerland

Sportsmanship

Upon completion of the first intramural basketball season in quite a few years, I would like to praise the students who participated in the program. With the program based on self imposed sportsmanship and fairness, problems such as unfair foul calling and out of control play could have easily developed. We-go students once again displayed the self-discipline and control I have seen over the past four years, and turned intramural basketball into an enjoyable and successful experience. I hope you had as much fun as the faculty, who participated, and I did.

Dan Benson
I.M. Director

Not funny

On February 16, my family was eating dinner when my sister got up to change the baby that we baby-sit for. My sister came back to sit down and put the baby back in the high-chair. My mother took the baby and was playing with her, while my sister went into the kitchen to clean up.

All of a sudden, I heard a smash, and then I was showered with glass. Someone had

shot a golf ball through the kitchen window, within seconds and inches of blinding or killing my sister and a nine month old baby.

I ran out the door and across the street to the alley where I saw two boys running. I ran back to get the car and went looking for them. I didn't find them. I hope that the boys who did it are aware of what kind of damage that they did. Sure they broke the window; no big deal, but they almost took two lives. One that hasn't even started yet.

Name withheld by request

The Bridge

326 Joliet St.
231-0880 ext. 268

Editor-in-Chief.....Kevin Smith
News Editor.....Jim Rowley
Features &
In Depth Editors.....Kim Mauk
Melante Miller
Jean Volpe
Sports Editor.....Marla Jemsek
Business Manager.....Doug Durr
Circulation Director.....Marya Sosulski
Adviser.....Tim Courtney

The Bridge is the student newspaper of West Chicago Community High School. The Bridge office is located in room 216.

Letters to the editor should not exceed 300 words and must be legibly signed, with a maximum of five names appearing in the paper. Letters will be printed as time and space permit. The editor reserves the right to edit, if necessary for length and libelous material.

Unsigned editorials appearing in the newspaper are the opinions of the majority of The Bridge editorial board. Content and editorial policy are determined by the editors with concurrence of The Bridge editorial board. The adviser acts in the capacity of a professional consultant. The opinions expressed in the newspaper are not necessarily those of the majority of the student body of the high school.

Luck is not just for the Irish

by Jean Volpe

If you saw a penny on the ground, would you stop and pick it up? If you did, chances are you weren't planning on putting it in your savings account. You probably picked the penny up for a days worth of good luck.

Max Gunther, a "luck expert" who has completed a 20 year long study on lucky people, doesn't think good luck charms are all bad.

"Lucky charms sometimes gives you the confidence to make good decisions," says Gunther. He also warned that the charms shouldn't be used as a substitute for thinking.

But carrying a rabbit's foot or lugging around a horseshoe might not bring you all the luck you need. Gunther, in his

study has uncovered some more helpful hints.

As a young actress, Lauren Bacall practiced this rule faithfully. She purposely put herself in the center of the theater social scene. She met as many people as she could at parties and while working jobs line ushering theaters. Soon she got her "lucky break" when she met a British writer and agent.

Even if you don't have dreams of starring in Humphrey Bogart movies, Bacall's tactics can still work for you. Get involved. Join groups and activities in your areas of interest. This way, you can be around people who enjoy the same things you do and maybe someday, you'll meet the person who will clear your way to the top.

Put yourself in the right place

There are two types of losers. One is a person who takes outrageous risks that propose little chance of gain. The other, is a person who takes no risks at all.

"Lucky people" says Gunther, "characteristically avoid both extremes."

An example of a positive risk might be in making a new friendship. Rejection is always a possibility but the advantage of knowing someone new, usually outweighs the negative.

Your luck will never improve unless you give it a chance. You can start by changing your normal daily routine. Introduce yourself to someone you've never talked to. Join a football pool or buy a raffle ticket. Try your luck while adding a little spice in your life.

Take risks but not too many

Don't wait for bad luck to change

Elisabeth Ardin used to be known as Florence Graham when she worked as a beautician in a New York beauty salon. Dissatisfied with her dead-end job, she considered getting out. Her friends urged her to "give it time" but instead Ardin went out on her own. She opened her own business and not many years later, became a millionaire.

"Lucky people have a knack of cutting their losses," explains Gunther. The trick in any new affair is knowing when to bail out. While unlucky tend to moan and wait for their "streak of bad luck" to change, lucky people are out finding four-leaf clovers.

So next time you find a penny, maybe you should pick it up. You don't have to look at it as one cent, but rather a hope that maybe someday you'll be smiled upon by "Lady Luck."

QUIZ

		True	False
1.	Drinking alcohol warms you up.	<input type="checkbox"/>	<input type="checkbox"/>
2.	Heavy smoking increases the risk of frostbite.	<input type="checkbox"/>	<input type="checkbox"/>
3.	Wearing three pairs of socks will keep you feet warmer.	<input type="checkbox"/>	<input type="checkbox"/>
4.	Girls get colder faster than boys.	<input type="checkbox"/>	<input type="checkbox"/>
5.	Winter is the safest season for crime.	<input type="checkbox"/>	<input type="checkbox"/>
6.	Suicides peak in the winter.	<input type="checkbox"/>	<input type="checkbox"/>
7.	Headaches increase during the winter.	<input type="checkbox"/>	<input type="checkbox"/>
8.	Goose bumps warm you up.	<input type="checkbox"/>	<input type="checkbox"/>
9.	Cold weather protects you from heat exhaustion.	<input type="checkbox"/>	<input type="checkbox"/>
10.	You won't get dehydrated in winter.	<input type="checkbox"/>	<input type="checkbox"/>

The cold facts

Answers

1. False. Alcohol takes blood away from your vital organs and brings it to your face, feet, and hands. It also can give you the illusion of warmth.

2. True. Nicotine causes blood vessels to shrink and get narrower in the fingers and toes, making them more susceptible to frost bite.

3. False. Bundling up your feet can cause frost bite if there isn't enough room in your boot, which slows down the warm blood flow.

4. True. Even though girls have more body fat than boys, the boys' body fat is spread out, which keeps them warmer.

5. True and False. While the amount of crimes like rape and muggings goes down during the winter, the number of robberies considerably rise.

6. False. Despite the bleak and dreary image winter might hold, the number of suicides rises in the spring.

7. True and False. It has been found that sinus headaches increase during the winter season, but migraines are much more common during the spring and summer.

8. False. Goose bumps is an effort of the body to keep warm. The pores on the skin close up, making hair stand up straight. This reaction helps keep animals warm, but we simply don't have enough hair to make a difference.

9. False. It is just as easy to get heat exhaustion in the Arctic as it is in the Sahara Desert. Although you may not feel warm, the outside temperature has no effect on your rising body temperature.

10. False. Cold weather can hide a thirst, but your need for water isn't lessened. Skiers should ideally drink once every half hour to keep their body replenished.

Do you know, will you sink or swim?

by Julie Pollastrini

Nervously, you step up onto the block, recite a brief prayer, and shut your eyes as you create a dramatic belly-flop onto the surface of the pool. You receive a mouthful of chlorine water and hack out a few gagging coughs. This is a familiar routine for someone who can't swim.

Someone that admits they can't swim doesn't necessarily mean they are doomed to drown anytime they encounter large quantities of water. Dan Johnson believes that 70 percent of incoming freshmen each year can't swim correctly because they never received formal swimming lessons.

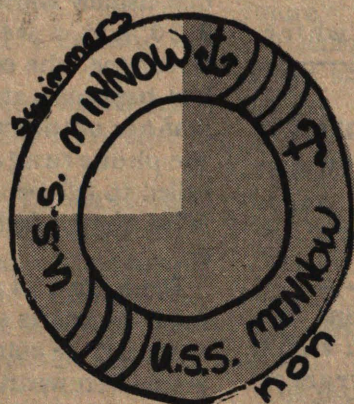
Approximately one out of every ten West Chicago students polled, admit they can't swim correctly. The amount of students that can swim is higher due to the outstanding numbers of kids that were en-

rolled in the Park District's swimming classes in the past.

Every teacher has their preferred system for teaching. The swim coaches believe in their methods. Johnson's technique is to break a specific stroke down, concentrate on the individual parts, and then put it all together. On the other hand, Amy Gibbson teaches all the parts together and then breaks it down. Both techniques have proved to be successful.

The longer you prolong swimming lessons the harder it is to develop the skill. Johnson believes that the key ages for learning are from seven to nine years old. "Kids that age don't have any bad habits yet from trying to learn to swim on their own," said Johnson.

Motivation is another key to learning. Anyone can learn, but they have to want to



learn. Coaches try to keep the classes moving and the lessons short in order to preserve interest without overwhelming the pupil.

The P.E. Swim Program has had a positive effect on the nonswimmers. The four-and-one-half weeks are an adequate amount of time to learn to swim. Many students have learned to swim correctly during P.E. Out of 70 percent of the freshmen that could not swim, 90 percent will be able to swim four strokes across the pool correctly by the time they graduate. Amazingly, only one-third of the Aquatic's swim teams are originally from the Competitive Shark's Swim Team. The other two-thirds has come from the P.E. classes.

Learning to swim is a good skill to master at an early age. Unfortunately, the P.E. Swimming Program gets many complaints from the students. If you dislike swimming for P.E., think of it as taking medicine. The things you hate to do the most are the things that may be best for you in the long run.

Nightmare on your street

by Rhonda Dispensa

What are ordinarily called nightmares are severe anxiety dreams leading to one's awakening in fright. The issues in the dream are too overwhelming to be contained while asleep and so awakening occurs.

True nightmares in which one feels caught up in an uncontrollably terrifying experience,



occur in the nondreaming phase of sleep and often have very little content remembered. They are seen most characteristically in the night terrors of children where even after they

are awake, it remains difficult for them to shake off the terror.

There is an old saying, "Ask for three things: a good friend, a good year, a good dream."

Those who have persistent and scary nightmares would love to have "good dreams," but they just don't know how. Although there are some older and interesting ideas on dreams, there are some new ideas that not only help you to unravel the reason behind a nightmare, but offer a way to prevent it from happening again.

Many nightmares involve pursuit. Someone or something is after the dreamer. A really effective no-nonsense approach to ending a nightmare you are having is to actually say to yourself, "This is only a dream. I can change this terrible dream into a better dream. This is my dream and I can change it!" Change the nightmare into a "goodmare." Use a wand, use a rod, use a zap gun, use an arrow, a sling, a rock, or just your voice. Use any technique that you like, as long as you are the winner in your dreams. If you dream of drowning, have someone save you. If you dream of huge monsters, have them fall into a pit before they can get to you, and bury them once and for all.

Nightmares never return to disturb you once you challenge them and tell them not to bother you again.

Do you awaken from sleep with clear recall of a bad dream? Did the dream present a clear and credible threat to your survival, security, or self-esteem? Do you feel shock, fear, or anxiety?

By this nature, dreams tend to be bizarre and disturbing. A nightmare, or dream anxiety attack is like any other dream in many respects. Nightmares generally involve more apprehension, misfortune, physical activity, color and far less happiness. The intensity and frequency of the nightmares, as well as their ability to disturb sleep, are what make them a sleep disorder.

Dreams that come true in real life

by Melanie Miller

You've just been woke up, your heart is pounding like mad. In the dream you were having you had been taking a test, when you accidentally dropped your cheat sheet. Your teacher was looking and is now on her way over to your desk. Just as she is about to say something, your alarm clock goes off.

That same day in school you decide to throw away the cheat sheet you made for your history test. After getting caught once you decide it's not worth the risk. Even though it was only a dream, it had an effect on you.

When you are dreaming you feel as if you are actually awake and what's happening in your dream is real. Because of this, in the past and even now, people believe some dreams predict the future, solve your problems, or can even be warnings of danger.

There is one believable way in which

Things you can't remember while you're awake come out in your dreams.

dreams can predict the future. The mind can notice the slightest changes that you aren't consciously aware of. You may dream of sitting on a chair and then it breaks. Your mind had picked up some indication that the chair could break (a small cracking sound, a

tiny split in the wood). If a chair you sit on really does break, as you dreamed, it was related to the observations your subconscious mind made, so not really a prediction of the future. However, if it was a chair you had never seen or used before, your dream was a true prediction.

How can dreams solve a problem? An example was given by Teresa Berry, junior, who lost her driver's license. She looked everywhere she could think of for two weeks. Then one morning she woke up from a dream in which she had just put the license away. It turned out to be in the exact place she dreamed about.

No one really knows what makes you dream or where they come from, but most agree it has to do with your subconscious mind. Things you can't remember while you're awake come out in your dreams.

Another kind of dream that has been studied is the telepathic dream. These are the kind that usually warn of danger. For example, at 5:20 a.m. a woman awoke crying and screaming. She could feel something terrible had happened and confided in her husband that her mother was in trouble. At 5:30 a.m. the phone rang and the woman's brother called to tell her that their mother had just fallen down a flight of stairs 10 minutes earlier.

There are a lot of dreams like this reported, some are not as serious. People have claimed to predict the outcome of horse races, or what people were wearing.

Is it coincidence or ESP? Realistically one may say coincidence, but when it happens to you, you won't be so sure.

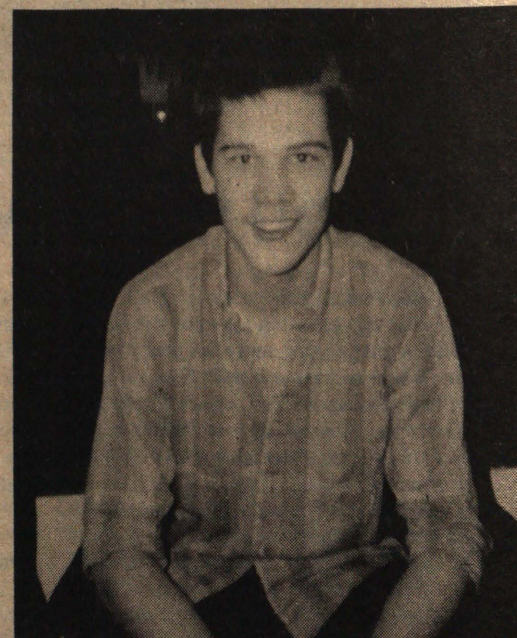


DREAM

Photopinion "What dream"



Bette Purnell, sophomore: "I came to school with my pajamas on."



Chris Simmons, junior: "I scored a touchdown and won the game."

Sleep habits keep others from sweet dreams

by Michelle Douglas

Has your snoring ever disturbed people in other rooms, or even adjacent towns? Do you grind your teeth so hard that you're afraid you'll wake with your teeth in a pile?

If you have experienced this or you walk in your sleep or even talk, there is hope.

Snoring is a sound that sets off fury. Snores can alienate neighbors, infuriate roommates, and shatter marriages. Children often snore, even the family pet may add to the nightly din.

Snoring is the result of the blocking of an air passage during sleep. Some behavior, such as heavy smoking, drinking, or eating before bed tend to increase snoring. You are also more likely to snore when sleeping on your back because your tongue may fall over your throat.

If snoring is only an occasional nuisance, you

can try some home remedies. If you stack up pillows to keep your head raised, you'll be less likely to snore. Or tie a hard ball around your body or sew it to the back of your pajamas so you will sleep on your side. Sometimes the only thing that will work are earplugs --- for your family.

Teeth grinding is more serious and can be causing damage to the teeth, structures around the teeth, gums and the muscles of the mouth and jaw if not treated.

This problem can be physical or psychological. Psychologists have suggested that some people grind their teeth to release frustration repressed during the day.

Much of the problem may be actually in the mouth rather than in the mind. Missing, or poorly filled teeth, as well as such minor defects

as rough cusp ends may be the cause. In these cases, restoration of the teeth or adjustment of the fillings eliminates the habit.

Talking in your sleep is not a problem unless you are waking up your family. There is no need to worry about what you say because it is not likely to make sense. And if you hear someone talking during sleep, do not expect to hear any secrets. Most likely you will not even understand what the sleeper is saying.

If someone in your family is a sleep walker you should take some precautions: lock windows and doors, block stairways, keep the car keys out of easy reach. If you discover that you are a sleep walker consult a physician, the problem is usually psychological.

Do not be worried if you have unusual sleep habits. All of them are treatable.

DREAMS

What can you remember dreaming about?"



Jean Volpe, senior: "I was folded up in a giant fortune cookie."



Becky Ahlstrom, senior: "I was floating down the river in a boat and I floated into a house and got sucked into a wall."

Dreaming the night away

by Darlene Pagan

The "dreamworld" has been something that has fascinated people and researchers since ancient times. Why do we dream? This is a familiar question related to dreams, and there are a number of answers to this question.

Everyone dreams, and even though we may not remember most of them, the ones that are remembered sometimes seem strange or different to us. All of our dreams have some significance, yet we have no control over them. Some of our dreams are pleasant, and some not so pleasant.

Sigmund Freud (1856-1939) made the most astonishing breakthrough in his research which involved dreams as part of the unconscious. One of his given reasons was that dreams were used as an automatic defense mechanism. It provides a way for the conscious mind to defend itself from anxiety, fear, anger, hate, jealousy, and many other negative feelings. Dreams release these feelings, the ones that many of us don't face consciously.

Our dreams are sometimes disguised in symbols or hidden meanings. For example, someone may dream that they are trying to get to a certain place and they are unable to move. Their frustration is incredible. In real life, however, this person could be unconsciously worried about whether or not he will succeed in

life or progress in ways that he wishes to. Often though, dreams are much more complicated than this and without special training, most of us cannot analyze all of our dreams.

Another reason for dreaming, according to Freud, is to carry out hidden or repressed

Our dreams are sometimes disguised in symbols or hidden meanings.

wishes or fantasies. It is usually something you cannot act out in real life. For example, you have a dream that you are telling off your boss (or even your teacher), or that you have been promoted above a co-worker that you cannot stand. You know that in reality this will never happen, so this dream releases your frustration with him or her. Sometimes we may also have fantasies about meeting or getting married to someone famous. Although nothing is impossible, this would be a highly unlikely situation.

Whether your dreams release your anxiety or express a hidden wish, they all have significance. In fact, our dreams are good for us, and upon waking up we should feel relieved. Although they cannot solve all our problems they can help us cope with some of the things we do not face consciously.

What's that supposed to mean?

by Ed Coronel

The question of what dreams mean has been explored throughout the ages. Dream interpretation was done by culture and religions in different ways, but the real meaning of a dream can only be revealed by the individual's personality and situation.

What is the meaning to some of our dreams?

According to the book *Is the Cat Dreaming Your Dream?* by Margaret O. Hyde, some of the most common dreams are either running from a person or "thing," falling, or losing teeth.

Matt Weger, a junior, said "I dreamed of falling off the Sears Towers."

Naresh Nair, a senior, agreed with Weger that he had experienced a dream where he too fell off a building.

According to the book *10,000 Dreams Interpreted* by Gustavus Hindman Miller, a dream of falling means that the person will undergo a great struggle, but become famous and wealthy later. If the person is injured in his dream, he will go through hardships and lose friends.

Other than falling, Brenda Shockey, a junior, remembered a dream of running. "I was running down the stairs, from something, and all of a sudden I woke up," she said.

A junior stated he dreamt he was on a race track and was ready to run the 100 meter dash. "I jumped at the gun (false start), but I continued on running and running. When I woke up my legs were numb," he said.

A dream of running, according to Miller, means that the person will "out run" their friends for wealth, and get into a higher place in social life.

If the person is dreaming that he is running from danger, he will have great losses in the future.

A senior said that she experienced a dream where she lost her teeth eating marshmallows.

Another junior said that he too lost his teeth in his dream. "In my dream I was crying over the excuse that I didn't brush and floss my teeth well," he said.

The meaning of losing teeth in a dream, to Miller, is that the person will be a failure and have gloomy tidings, and hardships will come as well.

The theories and meanings of dreams have been built on Freud's ideas, but remember that the real meanings could be only discovered by the individual's personality and the situation they are in.

Styles change from the bob to the braid

by Darlene Pagan

Fashions style, make-up and even hairstyles are always undergoing changes. What may be in style today might be something you wouldn't dare to wear or put on one month from now.

Hairstyles though, seem to go through more subtle changes. Some people are wearing their hair the way that was popular ten years ago. People are usually more reluctant to change their hairstyle every couple of months than they are to change their wardrobe.

In 1977, according to Glamour magazine, 61% of the young women had their hair at chin length. The style was called a "bob". Most of the "bobbed" styles were worn with straight hair although some were wavy. Some girls even tried straightening their hair with perms or by running a curling iron through their curls to loosen them.

Between 1978 and 1979 the change went from short straight hair to long wavy hair. Young women all over were trying to grow out their hair. They twisted and pulled it around to the back of their head. The hair was braided on the sides, in the back, and over the top of the head from one side to the other. The most popular was usually one braid down the back, and occasionally two braids for the younger girls. There was woven three braids which were then braided into one. Most of these hairstyles were done without bangs in the front. All of the hair was one unified length.

In 1980, the change was not as great as other years. The majority of hairstyles were still long, but more people were wearing their hair in short wavy styles. At this time, bangs came back full, and thick. About this time the feathered look was also "in." Hair was cut in different lengths and curled back into a wavy style. It was becoming more and more popular.

In 1984, most of the teenaged girls had their hair in the very popular feathered look, as some still do today. Most older teen, with ages ranging from six-teen to nine-teen, had their hair cut short. This was the "short hair craze." Hair had its length and fullness at the crown, then was short and layered on the sides.

Now in 1987, hair styles differ from the short permed hair to long and wavy. Styles have changed in the way that accents each individuals face shape and features. People are wearing what works for them and sometimes their schedules. Short hair or permed hair is easier for people that are always on the go and don't have much time to spend on their hair. While some people love longer hair for the variety of styles that it offers. For the most part there is no "in" style at the present time. Women are wearing what feels best, what looks good on them, whether it be a short bouncy style, a long wavy look or anything in between.



Cash in on laughs with

OUTRAGEOUS FORTUNE

by Steve McCormick

Touchstone Films presents a new comedy for 1987. Bette Midler and Shelly Long star in *Outrageous Fortune*, a hilarious comedy that will definitely bring in some big bucks to the box office.

In the beginning you meet Shelly Long, as Lauren, a prissy little actress looking for a job in which she can use all her years of training at Shakespearean School. She is confident of her morals and her acting abilities.

Bette Midler, as Sandy, is also an actress of sorts, who after a chance meeting with Long, decides to audition for an acting class which is being taught by a big name.

It is hate at first sight for both women, and it was hate that made Midler join the class.

Love for the same man, Michael played by Peter Coyote, brings the two together, not as friends, but as searchers, looking for the man they love who disappeared.

Their search carries them all the way to Mexico, where they jump cliffs and fingers of rock in a fast pace chase to out run Russian spies.

In the end you know a little more about friendship, and learn of an outrageous fortune in the form of a shower.



Stress Busters Five ways to "take five"

by Jean Volpe

- 1 Neck rolls relax neck and shoulder muscles. Bring chin forward to chest. Slowly rotate to left shoulder, roll chin back. Then to the right shoulder. Reverse directions and repeat.
- 2 Rotating the shoulders take the strain off of the back. Circle one shoulder forward, up, back and down. Reverse direction and repeat on other shoulder.
- 3 Place fingertips at temples and make small circles. Close eyes and gently massage the eyelids.
- 4 Inhale deeply through nose for eight counts, hold breath for four seconds, then exhale through mouth for eight. Repeat.
- 5 Stretch both arms above head and clasp hands together. Bring down right arm so the left elbow is still above the head, forming an upside down "V". Stretch and repeat on the right arm.

Why do you watch those awful horror movies?

by Kim Mauk

"Horror is a lot like pornography: simultaneously repellent and intriguing, they both appeal to primal instincts." — Tom Valeo, from his article "Horror Shows"

Most horror films are like dreams — they disguise peoples' fears. These fears are usually subconscious. The films give people an easier way to deal with their anxieties,

one that does not do any bodily harm to the person. Horror films allow a more comfortable way of living out peoples' problems.

This theory can be seen in horror movies since the 1930's. During this period monsters represented sexual anxiety. For example, Dracula was an evil seducer, King Kong was after women, and the werewolf represented the struggle to be human.

The fear of the 1950's was the atomic

bomb and a Communist takeover. These fears were disguised in the horror movies of that decade. For example, "Invaders from Mars" is about aliens who implant devices into the brains of humans, making them destructive. Monsters of the 50's also usually developed from some kind of radiation.

The theme of films in the 1970's had to do with the unease of young people. In the 70's

they were becoming unpredictable and sometimes violent. Films like "The Exorcist" had to do with possession, or fear that teenagers were going to take over with their radical ideas.

Today's films such as "Aliens" and "The Fly" reflect peoples' fear about horrible things that could erupt in their bodies. Some of these horrible things are cancer and AIDS.

From Broadway to Hollywood

by Kim Mauk

The big difference between the play and the movie of "Little Shop of Horrors" is the special effects that a movie can provide. The first "special effect" in the movie that was not found in the play (for obvious reasons) is rain.

Another special effect in the movie is the primary character development of Audrey II. Audrey II's lips begin to pucker when Seymour's finger starts to bleed, and the plant turns up her nose and crosses her stems when he offers her another finger that is not bleeding. This could not be done with the plant on stage because at that point, Audrey II was plastic.

In the movie there is also more costume changes and a larger cast. Along with this, the movie adds more to the story.

For example, the Chinese plant shop where Seymour bought the strange plant, the "weird" radio station, WSKID, the awful dentist's office, and the perfect "Better

Homes and Gardens" house that Audrey wanted is shown. In the play, the only thing that is shown is Musnik's flower shop and stairs going up to the wall of a brick building.

The play "Little Shop of Horrors" is based on a movie that was done in 1960 but was a flop. It is now playing at the Royal George Theatre and was listed as one of the Chicago Tribune's "Pick of the Week" under "Raves". The movie that is now showing is based on the play.

The play leaves more to your imagination. It makes you listen to the music and create in your head how terrible things are "Down on Skid Row", what an ordeal it would be to sit in the dentist's chair (he loves to give pain to his patients and laughing gas to himself) and how beautiful it would be "Somewhere that's Green."

It was interesting to watch Audrey II grow before your very eyes in the movie, but the play added suspense as the plant was

hidden from the audience until ... surprise! Out she came larger than ever!

One other thing that the play offered was greater communication between the audience and the cast. It felt like everyone in the audience was part of the cast. The jokes were more emphasized as more people laughed in a live performance than when they saw it on the screen. And, of course, Audrey II was larger than life on the stage, coming closer and closer!

Whether you see "Little Shop of Horrors" on stage or on the screen, it is definitely worth your while. It is a comedy which deals with the horror of what power and prestige can do to a man.

(WARNING: If you go to see the play, little plastic Audrey II plants that open their mouths when you feed them money are sold. I would stay away from these if I were you. As the finale warned: "Don't Feed the Plants." They're from outer space, and you never know ...

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Track team has lots of talent

by Jenny Powers

Track and Field consists of events that are the basis of many other sports. "Often, many superb track and field athletes branch out into other sports," commented girls' head track coach, Wilber Walters.

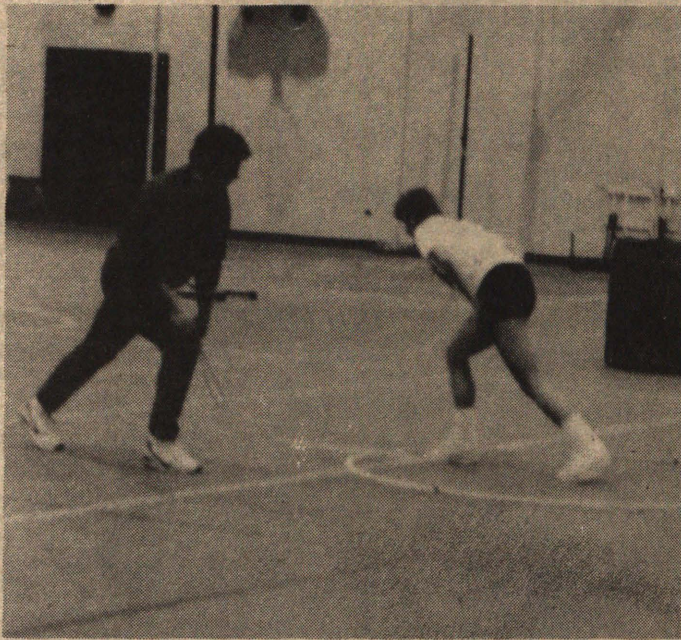
Track and Field events include running; long to middle distance and sprinting, throwing; discus, shot put, hurdles, long jump, high jump, and the pole vault.

Our school's head coaches this year, Walters (girls' track team) and Doug Juraska (boys' track team) feel they have a good turn out. Juraska feels that the group this year is an average size (45-55 participants), and many of his athletes are returning champions. The girls' team has experienced athletes returning. Walters is counting on them for leadership in uniting the team.

Both teams are said to have more seniors this year than in past years.

The returning varsity athletes on the girls' team are Dawn Herold; long distance, Jean Volpe; middle distance, Jenny Mies; sprints, Dawn Mende; sprints, and Cheryl Bestler, field events. The returning varsity athletes on the boys team are Dave Lathers; long distance, Erik Richter; 400 m, Tom McDonald; pole vault, Jeff Pearson; pole vault, Bruce Bird; pole vault, Ed Wiens; shot put, Rich Rewerts; hurdles, and Steve Thomas; high jump. Juraska believes four to five individuals can make it down state.

This year the girls' strongest events are the middle to long distance running events



Above: Track coach Scott Anderson shows Cheryl Bestler the correct techniques in throwing a shot put. Right: Dawn Herold gets in shape at track practice.



and the field events due to participation and past success in these areas. The boys' strongest events are the pole vault, because of last years' returning champions.

The long jump and sprints are events that need to be further developed in the girls' team because of a shortage of participants. The boys' are looking at improving such

events as distance on the frosh-soph. team.

When asked what type of seasonal goals the boys' team are aiming for Juraska, predicted a successful season. "I expect the frosh-soph team to be conference champs, and the varsity team to place extremely well. Overall, I believe this is the best team we've had in the past ten years." Walters

goals are "to develop every athlete to her full potential." The girls' team is expected to place in the middle in conference, though it is too early to tell.

In all that was said both coaches are pleased with the athletes and believe with determination and hard work both teams should be successful.

Upcoming Wildcat sporting events

Boys' Basketball

Fri. Feb. 27	Wheaton North	A 6 p.m.
Mon. Mar. 2	Regional	A TBA
Tues. Mar. 3	Regional	A TBA
Wed. Mar. 4	Regional	A TBA
Sat. Mar. 7	Sophomore Tournament at Wheaton Central	A TBA
Mon. Mar. 8	Sophomore Tournament at Wheaton Central	A TBA
Thurs. Mar. 12	Sophomore Tournament at Wheaton Central	A TBA
Sat. Mar. 14	Sophomore Tournament at Wheaton Central	A TBA

Boys' Swimming

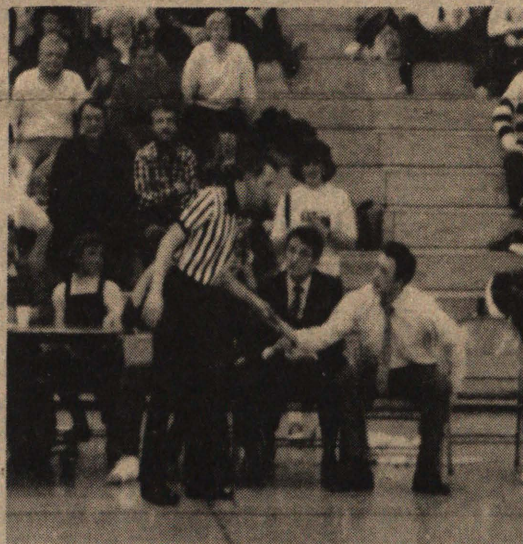
Fri. Feb. 27	State Finals	A TBA
Fri. Feb. 28	State Finals	A TBA

Boys' Track

Sat. Feb. 28	Fenton Inv.	A 10 a.m.
Thurs. Mar. 5	Oswego	H 4:30 p.m.
Sat. Mar. 7	Naperville Relays at North Central College	A 8:30 a.m.
Sat. Mar. 14	DVC at Glenbard South	A 10 a.m.

Girls' Track

Thurs. Mar. 5	Hinsdale South	A 5 p.m.
Tues. Mar. 10	York, West Aurora	H 4:30 p.m.
Sat. Mar. 14	at Lake Park, Larkin, Kaneland	A 10 a.m.
Thurs. Mar. 19	Larkin, Wheaton North	H 4:30 p.m.



The rule says Lee Maciejewski can't get out of his chair without getting a technical, so he just brings the chair with him. Despite this disagreement with the referee the Wildcats beat Wheaton Central 46-34.

We-go starts Scholastic Bowl

by Jeremy Wittmann

A mist all of the We-go sporting events comes a new event. Although this event is not athletic it takes much concentration. The event is Scholastic Bowl.

This is a new event that the Illinois High School Association (IHSA) introduced this year. It is much like the College Bowls held over the years. The object is to try and answer as many questions in a hurryup type of atmosphere. The IHSA is hoping to have much success in this new event because of the academics and the team quality involved.

"It is the first IHSA event which stresses education and academics," stated Charlene Bremberg, assistant executive secretary of the IHSA. Bremberg also went on to say that it isn't going to be a trivial pursuit game. The questions will be given and obtained by various high school teachers and college professors who are experts in the different fields, (according to the Chicago Sun Times).

The classifications of questions will be as science, mathematics, social studies, literature, fine-arts-performing arts, language arts, and vocational education. The questions will be diversified and varied.

The only problem could be that when it is played people might assume that students from one high school are better than the other one; but that is not what the IHSA wants to happen.

They are starting out with 256 teams and any school can participate, because there is no cost to the school for uniforms and equipment. That is one of the major reasons why it has so much school participation in Illinois.

Last year We-go had a scholastic team and finished in a second place tie, in the DuPage Valley. We-go had a couple of students honored.

The benefits can be that you may be honored and win awards. You might also learn a thing or two about the fields the questions are in.

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Hard work by wrestlers brings them success

by Kathy Murnane

"I've been working hard," says Hector Gomez, the 98 pound conference champ for wildcat wrestling team.

According to Coach Bob Hein the highlights of the season were winning the Homewood-Flossmoor tournament and also beating Wheaton North in a dual meet for the first time in 10 years. "We finally got them and just to beat Wheaton North in anything is kind of significant."

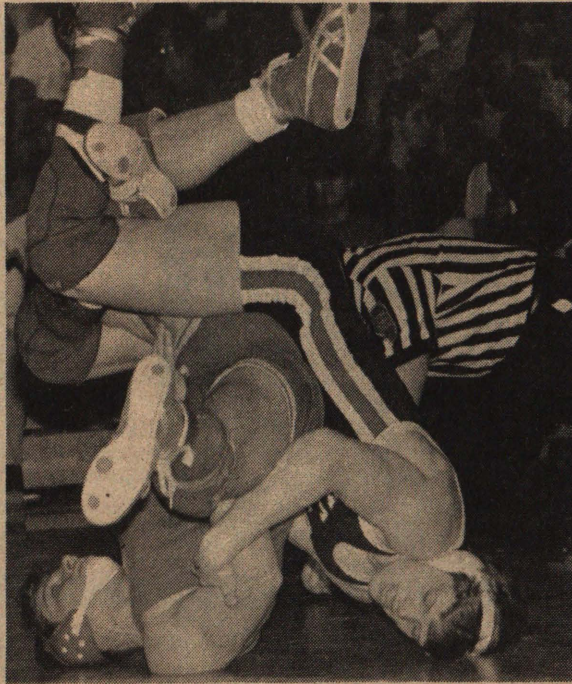
The team did better than expected at the conference meet. In the dual meet standings they were in fourth place, however in the end the team was ranked third overall. In addition to Gomez's victory, Dave Fialka (112), Luis Gonzalez (119), Rob Marmolejo (126), and Rich Votava (155) took second in their weight classes. Dave Andrews (132) placed fourth in the consolation match.

According to the West Chicago Press, Gonzalez and Votava were named wrestlers of the week at the conference meet for second place finishes. Gomez has won every tournament he has been in so far and was named co-outstanding wrestler at the Homewood-Flossmoor invitational.

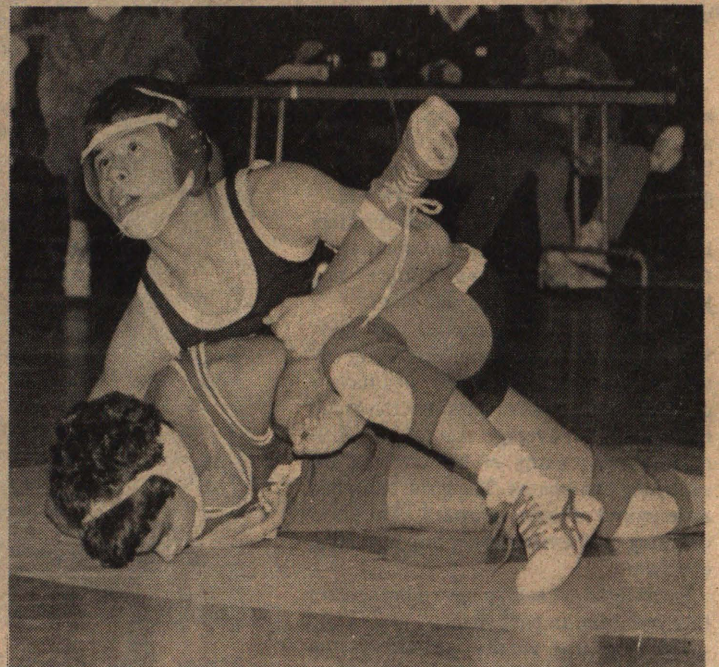
At regionals the team placed fifth overall. Gomez, Gonzalez, and Votava took first while Andrews and Fialka placed third which qualified them all to advance to sectionals. At the sectional meet Votava placed second and Gomez took first. Both achieved their season goals by qualifying for state.

Gomez's season goals were to be champion wrestler of conference, regionals and sectionals (at 98) and "to make it down state and place." He is ranked fourth among his competitors for the state tournament.

Senior, Votava sets his goals week by week rather than for the whole season. "My goal was to win regionals and I did that and ... to place in sectionals and go down state." He adds "My goals are basically to do better than I ever have before ... considering it's my last year ... I have nothing to lose. I'm working harder this year than I ever have before." He concludes "I love wrestling so



Rich Votava wrestling his way to fourth place in the class AA State Wrestling Tournament. (photo courtesy of the West Chicago Press)



Hector Gomez on his way to a fifth place finish in the 98 pound division. (photo courtesy of the West Chicago Press)

much ... it's just something that is in my blood I guess." Next year he hopes to go to college and wrestle at the University of Illinois.

Gomez feels that additional experience has made the difference for him this season, he now wrestles all year round and makes it his main priority. "It's both determination and me having a lot more experience because you really have to have both in order to be as good as you want to be." He adds "you have to have confidence in yourself ... go out there and say nobody's gonna beat me and nobody will." When asked how he gets himself psyched up he replied "I go out there just think about representing the school, how much I want it and how bad I worked this summer." In the future Gomez plans on trying out for the 1992 Olympics. As for next year he says "If I can come back at 98 I'll be state champ for sure ... nothing will

stop me."

Despite the individual victories experienced this season, Hein comments, "I'm disappointed we didn't do better in our dual

meets ... but we were never at full strength because of either illness, injuries, or grades ... so a combination of things made it less successful than it could have been."

Jock shorts Spring sports start

For girls interested in spring sports, softball season practices start at the beginning of March. Right now before school in the fieldhouse you can practice unofficially. The first game is April 2. Badminton will begin at the end of February. The first meet is March 16.

All-conference selections

For the first time since 1981 the girls' basketball team has had two members make the first all-conference team. Marla Jemsek was a unanimous selection and a repeat from last year. Cheryl Bestler also made the first team, and was honorable mention last year.

Can athletes get by on ability only?

by Teresa Berry

With concern for illiterate adults growing in the United States; excellence for today's students is emphasized, especially on athletes. Recently, the story has become all too familiar, big name athletes do poorly in their classes but teachers let them slide.

The Illinois High School Association (IHSA) rules for eligibility are that students must pass at least 20 credit hours of high school work per week. Students must also have passed 20 credit hours of high school the previous semester to be eligible for the ensuing semester. West Chicago eligibility rules are the same; meaning four

major classes must be passed.

Every week there is a grade check and if a class is being failed then sports is out for the next week or until the grade is picked up. No matter what one week of ineligibility is required. Sophomore Donna Hendon said, "As soon as your grades are back up you should be able to play again."

Some states have begun to pass a law saying students must maintain a "C" average to participate in extracurricular activities.

Is this the right way to handle the problem of illiterate adults in America? Thomas Harper, the regional Superintendent for the District of Columbia's public schools, doesn't think so. "Sports, and other alternative ways of succeeding in school." He continues, "It would be counterproductive to tie eligibility to participate in these activities strictly to academics."

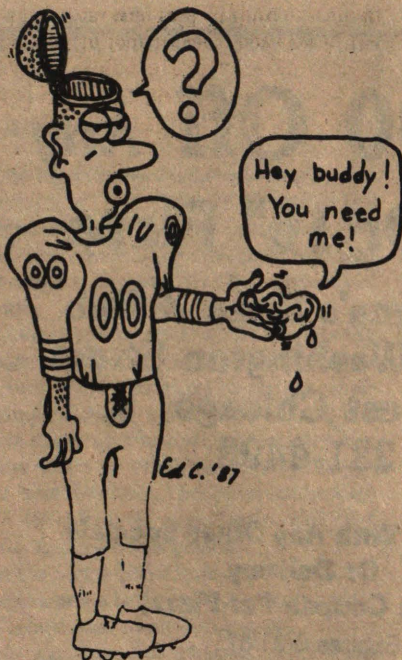
Some athletes feel that the requirement of passing four classes is a good rule. Senior Marla Jemsek said, "You're in school to learn first and play sports second." Sophomore Kathy Beedle said, "It

pushes athletes to succeed academically as well as athletically."

With the new laws being passed it is already obvious that the minimum standard requirements will affect large numbers of students. According to the Dallas Morning News, 20 percent of the students who would have played basketball for their schools, were not eligible to play under Texas' new law of a "C" average. The figures for the track participants reached nearly 30 percent. In addition, the new standards often do not provide for learning disabled children whose grades are poor.

The national reaction to the "no, pass, no play" movement has been mixed. The National Education Association said "the competition of an academic program by athletes and all students should be the priority of schools and parents." On the other side there are 35 court cases against Texas' new law.

As the trend for minimum standard requirements, grows, the question seems to be not whether to install a program, but how vigorous the standards should be.



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